

Writing Your Story



When you are looking for a living kidney donor, sharing information about yourself can help potential donors understand your situation better and potentially feel a connection to you, which makes them more likely to be willing to donate on your behalf.

When you are writing your story on your personalized microsite, follow these guidelines to share the important elements of your situation.



Who you are

Share your name, age, occupation/student status, and where you live.



Your interests

Share some of your hobbies, interests, and things you enjoy doing in your free time. This helps potential donors get to know you beyond your medical condition.



Why you are searching for a living donor

Explain why you need a living kidney donor and why it's important for you. Mention that a kidney transplant is the best option for your health and explain that living donor kidneys are far superior to deceased donor kidneys because they reduce wait times, have better outcomes, and can last up to twice as long.



How a kidney transplant will affect your life

Explain how receiving a kidney transplant will improve your quality of life. Discuss the positive changes you expect, such as increased energy, independence, and the ability to pursue your goals. This is a good place to share some of your dreams and aspirations that your kidney disease may be preventing you from achieving—trips you'd like to take, experiences you'd like to have, etc.



Your diagnosis and medical journey

Describe your medical condition, when you were diagnosed, and how it has affected your life. Briefly explain the treatments or procedures you've undergone so far.



For more resources, scan the QR code or visit: [FindAKidney.org/tips](https://www.findakidney.org/tips)